



## Reading List: Children with Developmental and Learning Challenges

### AD/HD

1. **ADHD and Teens: Proven Techniques for Handling Emotional, Academic and Behavioral Problems** by Colleen Alexander-Roberts
2. **Driven to Distraction: Recognizing and Coping with ADD from Childhood Through Adulthood** (1995) by Edward Hallowell and John Ratey
3. **Healing ADD: The Breakthrough Program That Allows You to See and Heal the Six Types of ADD** (2002) by Daniel Amen
4. **Survival Strategies for Parenting Your ADD Child: Dealing with Obsessions, Compulsions, Depression, Explosive Behavior, and Rage** (1996) by George Lynn
5. **Taking Charge of AD/HD: The Complete, Authoritative Guide for Parents**  
by Russell Barkley

### *Aspergers/Non-Verbal Learning Disabilities*

1. **Asperger Syndrome and Difficult Moments: Practical Solutions for Tantrums, Rage and Meltdowns** (2005) by Brenda Myles and Jack Southwick
2. **Asperger Syndrome in the Family: Redefining Normal** (2001) by Liane Willey
3. **Bridging the Gap: Raising a Child with Non-Verbal Learning Disorder** (2002)  
by Rondalyn Whitney
4. **Freaks, Geeks and Asperger Syndrome: A User Guide to Adolescence** (2002)  
by Luke Jackson
5. **Parenting Your Asperger Child: Individualized Solutions for Teaching Your Child Practical Skills** (2005) by Alan Sohn and Cathy Grayson

6. **The Oasis Guide to Asperger Syndrome: Advice, Support, Insight and Inspiration** (2001)  
by Patricia Bashe, Barbara Kirby, Simon Baron-Cohen, and Tony Atwood

### **Autism**

1. **1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders** by  
Ellen Notbohm and Veronica Zysk
2. **A Treasure Chest of Behavioral Strategies for Individuals with Autism**  
by Beth Fouse and Maria Wheeler
3. **Autism Spectrum Disorders: the Complete Guide to Understanding Autism, Asperger's  
Syndrome, Pervasive Developmental Disorder, and other ASDs**  
by Chantal Sicile-Kira
4. **Behavioral Intervention for Young Children with Autism: A Manual for Parents and  
Professionals** by Catherine Maurice, Gina Green and Stephen Luce
5. **Engaging Autism: Using the Floortime Approach to Help Children Relate, Communicate  
and Think** by Stanley Greenspan and Serena Wieder
6. **Raising a Child with Autism: A Guide to Applied Behavior Analysis for Parents**  
by Shira Richman
7. **Right from the Start: Behavioral Intervention for Young Children with Autism**  
by Sandra Harris and Mary Jane Weiss
8. **The First Year: Autism Spectrum Disorders: An Essential Guide for the Newly  
Diagnosed Child** by Nancy Wiseman

### **Learning Disabilities**

1. **All Kinds of Minds: A Young Student's Book About Learning Abilities and Learning  
Disorders** by Mel Levine
2. **Parenting a Struggling Reader** by Susan Hall and Louisa Moats

3. **The Misunderstood Child: Understanding and Coping with Your Child's Learning Disabilities** by Larry Silver

#### **School Advocacy**

1. **Inclusive Programming for Elementary Students with Autism** by Sheila Wagner
2. **Inclusive Programming for Middle School Students with Autism/Asperger's Syndrome**  
by Sheila Wagner
3. **Parenting Your Complex Child: Become a Powerful Advocate for the Autistic, Down Syndrome, PDD, Bipolar or Other Special-Needs Child** by Peggy Morgan
4. **The Complete IEP Guide: How to Advocate for Your Special Ed Child** by Lawrence Siegel
5. **Wrights Law: Special Education Law** by Peter Wright and Pamela Wright

#### **Sensory Integration**

1. **The Out-of-Sync Child: Recognizing and Coping with Sensory Processing Disorder**  
by Carol Stock Kranowitz

#### **Social Skills Training**

1. **Navigating the Social World: A Curriculum for Individuals with Asperger's Syndrome, High Functioning Autism and Related Disorders** by Jeanette McAfee
2. **Raise Your Child's Social IQ: Stepping Stones to People Skills for Kids** by Cathi Cohen
3. **Social Skill Activities for Secondary Students with Special Needs** by Darlene Mannix
4. **The Child with Special Needs: Encouraging Intellectual and Emotional Growth**  
by Stanley Greenspan, Sandra Wieder and Robin Simons
5. **The Social Skills Picture Book: Teaching Play, Emotion, and Communication to Children with Autism** by Jed Baker