

Social Skills Group Program

Our Social Skills/Friendship Groups and Teen Support Groups focus on:

- Developing Listening and Communication Skills
- Emotional Coaching
 - Identifying Feelings in Self and Others
 - Expressing Feelings
 - Monitoring Emotional Intensity
 - Strategies for Emotional Monitoring
- Perspective Talking

We Offer:

- Friendship Groups for:
 - Boys/Girls 7-8 years old
 - Boys/Girls 9-10 years old
 - Boys/Girls 11-12 years old
- Teen Girls Support Groups 14-19 years old
- Teen Process Group for Social Anxiety

Friendship Groups run for 14 weeks and include 2 Parent Feedback Sessions

Groups are held Friday afternoons and throughout the day on Saturdays

Please contact Dr. Kathie Blake at 727-725-8820 regarding an assessment for group placement.



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Family Psychology Associates

Strengthening relationships...improving lives.