

# Program for the Evaluation and Enrichment of Relational Skills Social Skills Group for Teenagers

PEERS is a parent-assisted intervention focusing on teens in middle school and high school who are having difficulty making or keeping friends. This curriculum was developed for teens with ASD and other developmental disabilities.

The intervention includes separate parent and teen sessions that meet for a total of 90 minutes each week (45 minutes with teens, 30 minutes with adults, and 15 minutes jointly) over two time periods Fall and Spring (each 7 weeks).

## **The group focuses on:**

- Conversation skills (entering/exiting, initiating, maintaining conversation)
- Using electronic forms of communication
- Choosing appropriate friends and arranging get togethers
- Appropriate use of humor and teasing
- Good sportsmanship
- Handling disagreements/conflicts and rejection
- Handling bullying/teasing/rumors and gossip

### ***The group is facilitated by:***

*Nasrin Erfanian, Ph.D., BCBA-D &*

*Nycole Kauk-Willoughby, USF undergraduate student*

**Call our office at 727-725-8820 for more information**



801 2nd St N, Suite 7  
Safety Harbor, FL 34695

727-725-8820

[www.fampsy.org](http://www.fampsy.org)

**Family Psychology Associates**

Strengthening relationships...improving lives.